

THE SPA

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Rooted in wellbeing, our treatments have been created to be as individual as you are. Let our Southern hospitality take care of the rest with personalized services, just for you.

Massages

Our massages incorporate healing techniques to help relieve stress, anxiety and muscle tension. Soothing touch delivered by our intuitive therapists combined with organic specialty products create your personalized journey, leaving you feeling restored and ready to take on one of our many activities on property or just rest by the shore and watch the tide roll in.

Tailored to You	60 mins/\$120	90 mins/\$180
Deep Tissue/Sports	60 mins/\$130	90 mins/\$195
Mother-to-be	60 mins/\$120	

Nail Care

Spa Manicure	60 mins/\$55
Spa Pedicure	60 mins/\$65

Facials

At this time, we are unable to offer facials due to restrictions put into place by the State of Virginia related to COVID-19.

Body Treatments

The best health reason to get a body treatment is to re-oxygenate blood and to re-mineralize, detoxify and hydrate your skin. Our treatments deliver all of this and include a customized exfoliation suited to your skin type then finish with an exquisite organic shea butter. Everything is tailored to specifically address what your skin needs right now. After all, a well body is a happy body.

'Be Well' Scrub	60 mins/\$120
Soothing Lemon Verbena or Invigorating Rosemary Citron	
'Head-to-Toe' Scrub, Focused Massage, Wrap & Scalp Treatment	90 mins/\$195
Customized treatment of Lemon Verbena or Espresso Mud & Wild Lime Scalp and Hair Oil	

Spa Hours

Monday: Pause for the day
Tuesday-Thursday: 9am-5pm
Friday & Saturday: 9am-6pm
Sunday: 9am-5pm

Spa Reservations

To reserve a spa experience, please dial 804.438.5000 to speak to one of our Spa Concierges.